



W&T Offshore to Present at the Howard Weil 37th Annual Energy Conference

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HOUSTON, March 24 /PRNewswire-FirstCall/ -- W&T Offshore, Inc. (NYSE: WTI) announced today that the Company will be presenting at the Howard Weil 37th Annual Energy Conference to be held in New Orleans, Louisiana March 22-26, 2009.

Tracy Krohn, W&T Offshore's Chairman and Chief Executive Officer, is scheduled to present on March 25th, at 9:15 a.m. Central Time. The presentations will not be webcast, but the Company's presentation materials will be available in the Investor Relations section of the Company's website at www.wtoffshore.com.

About W&T Offshore

W&T Offshore is an independent oil and natural gas company focused primarily in the Gulf of Mexico, including exploration in the deepwater and deep shelf regions, where it has developed significant technical expertise. W&T has grown through acquisition, exploitation and exploration and now holds working interests in over 148 fields in federal and state waters and a majority of its daily production is derived from wells it operates. For more information on W&T Offshore, please visit its Web site at www.wtoffshore.com.

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